

Average Speed Problems

Concepts

- A. What is meant by the term *instantaneous speed*? How about *instantaneous velocity*?
- B. Use the word *instantaneous* to explain what is meant by the terms constant speed and constant velocity.
- C. Define the phrase *average speed* - give a words definition and a math definition.
- D. If all you know is how far something traveled and how long it took, which of the following could you calculate?
_____ average speed _____ constant speed _____ instantaneous speed
- E. If all you know is the average speed of something and the time it moved, which of the following can you calculate?
_____ distance traveled _____ constant speed _____ instantaneous speed
- F. If all you know is the constant speed of something and the time it moved, which of the following can you calculate?
_____ distance traveled _____ average speed _____ instantaneous speed

Problems

1. Let's say you move from Point A to Point B with a constant speed of 15 m/s for 10 seconds.
 - a. How far did you travel?
 - b. Could you have sped up or slowed down at any point during the 10 seconds?
 - c. How fast were going at the 3 second mark? How about the 5 second mark?
 - d. What was your average speed for the entire 10 seconds?
2. Now let's say you move from Point A to Point B with an average speed of 15 m/s for 10 seconds.
 - a. How far did you travel?
 - b. Could you have sped up or slowed down at any point during the 10 seconds?
 - c. How fast were going at the 3 second mark? How about the 5 second mark?

Average Speed Problems

3. You travel to Concord (10 km away) in 45 minutes, through a lot of traffic. What was your average speed for the trip in m/s?
4. Imagine you walked 10 meters in 15 seconds, then another 10 meters in only 5 seconds.
 - a. What was your average speed for the first 10 meters?
 - b. What was your average speed for the second 10 meters?
 - c. What was your average speed for the whole 20 meters? Be careful!
5. You walk 200 m down a hallway at 1.2 m/s and then run another 200 m at 2.5 m/s.
 - a. How many seconds does it take you to travel the entire 400 m?
 - b. What was your average speed for this entire trip?
6. You drive down the highway at 30 m/s for 20 minutes and then drive for an additional 10 km at a speed of 15 m/s.
 - a. What was the total distance you traveled?
 - b. What was the total time you traveled?
 - c. What was your average speed for the entire trip?

Answers: 1. a) 150 m b) no c) both 15 m/s d) 15 m/s 2. a) 150 m b) sure!
c) can't tell either 3) 3.7 m/s 4. a) 0.67 m/s b) 2.0 m/s c) 1.0 m/s 5. a) 247 s
b) 1.62 m/s 6. a) 46 km b) 1867 s c) 24.6 m/s